

# A Day of Contemplation with the Beatitudes



**This is a day to meditate on the summary of Jesus' teaching in the context of contemplative prayer. The day will consist of shared silence for contemplative prayer as well as attention and sustained reflection on one each of the Beatitudes.**

*Come for a day of communal Centering Prayer (or other contemplative discipline of prayer), a reading of commentary on the Beatitudes, lectio divina over the scripture passage, a lecture, group sharing, reflection time, and some breakfast food! Please bring your own lunch.*

Where?

**St. John the Baptist Catholic Community**  
12319 New Hampshire Ave. Silver Spring, MD 20904  
**in the Large Conference Room** in the Parish Center,  
which is to the right of the church

When? **9am-4:30pm on Saturday, January 9<sup>th</sup>**

How much? **IT'S FREE!!!**

To register call 301-622-1122 or email: [lmilone@sjbsilverspring.org](mailto:lmilone@sjbsilverspring.org)